## 2025 Meadow Ridge Swim Club Lessons

Bart Jones, Pool Manager

## 314.496.0609

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## Attention! We are offering Private Lessons with our Lifeguards this summer at MRSC!

**Private lessons:** Private lessons can be scheduled with an instructor from MRSC at the rate of \$15 per half-hour for members. We prefer to start with 6 private lessons and can adjust instruction beyond that.

**Beginner:** (3-5 year old) gaining confidence, becoming comfortable in the water, and learning very basic skills **Intermediate:** (5-7 year old) building on basic skills, intro to deep water safety skills, and introducing swim techniques and skills

**Advanced:** (pre-swim team) building off intermediate skills, learning freestyle, backstroke and skill specific kicks; swimming in deep water and passing deep water test

Please detach the form below and return to a guard at the pool. The pool manager will reach out and set up lessons with you.

Parents Name		
Address	Contact Numb	er
Parent's email		
Swimmers Name	Age	Level (B/I/A)
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Swimmers Name	Age	Level (B/I/A)
What would you like us to know about your child	to better help hi	m/her in lessons? Do you have a preferred

instructor?