

2025 Meadow Ridge Swim Club Lessons

Bart Jones, Pool Manager

mrhacolumbia@gmail.com

Attention! We are offering Private Lessons with our Lifeguards this summer at MRSC!

Private lessons: Private lessons can be scheduled with an instructor from MRSC at the rate of \$15 per half-hour for members. We prefer to start with 6 private lessons and can adjust instruction beyond that.

Beginner: (3-5 year old) gaining confidence, becoming comfortable in the water, and learning very basic skills

Intermediate: (5-7 year old) building on basic skills, intro to deep water safety skills, and introducing swim techniques and skills

Advanced: (pre-swim team) building off intermediate skills, learning freestyle, backstroke and skill specific kicks; swimming in deep water and passing deep water test

Please detach the form below and return to a guard at the pool. The pool manager will reach out and set up lessons with you.

Parents Name _____

Address _____ Contact Number _____

Parent's email _____

Swimmers Name _____ Age _____ Level (B/I/A) _____

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What would you like us to know about your child to better help him/her in lessons? Do you have a preferred instructor?

